

Key Training Center



KEY TRAINING CENTER

Kindness, Love, Dignity and Respect

January 12, 2022

Dear Key family,

Happy New Year! I hope everyone's holiday was magnificent. It is hard to believe that we are in our third year of dealing with Covid-19. Unfortunately, we have not started off the New Year without Covid-19 issues, but we are finding that most individuals testing positive have mild symptoms or no symptoms.

We continue to follow the Centers for Disease Control and Prevention (CDC) guidelines. Effective January 12, 2022, we are following their January 9, 2022 update (attached) that changes many of our procedures related to clients testing positive and/or exposed to Covid-19. Each client that tests positive or is exposed to Covid-19 will be evaluated on a case-by-case basis. Depending on their vaccination status and symptoms, the best action plan will be taken following CDC guidelines.

- Residential Clients that test positive and show symptoms will be sent home to isolate. The amount of quarantine time will depend on their vaccination status and whether they have symptoms. In most cases, they could stay home for 5 full days. After quarantine is complete, they will need to wear a well-fitted mask for 10 full days when at ADT or in public. If an individual is unable to wear a mask, they will need to stay isolated for 10 full days.
- ADT Community clients should stay home if not feeling well. If they develop Covid-19 symptoms, they should be tested. The amount of quarantine time will depend on their vaccination status and whether they have symptoms. The attached CDC guideline gives guidance and should be followed before the ADT community client returns. When returning to ADT, they will need to wear a well-fitted mask for 10 full days when at ADT or in public. If an individual is unable to wear a mask, they will need to stay home for 10 full days.
- Following CDC guidelines, we will not quarantine a home but isolate the positive individual to the living area and take proper precautions when they are about the house. Staff will wear proper PPE equipment when a positive person is in the house, and the homes will be frequently sanitized. If we have a situation where a residential client has severe Covid-19 symptoms, they will be removed from the home and placed in our isolation area for recovery.
- When reviewing the CDC guidelines, you will see if you were exposed to Covid-19 and are up-to-date with vaccination or had confirmed Covid-19 within the past 90 days; you are not required to quarantine, and you do not need to stay home unless you develop symptoms. On the other hand, if you are unvaccinated, you should quarantine for at least 5 days.

As Covid-19 continues to change, our policies will stay in step. In the meantime, if you have any questions or concerns: call Melissa Walker, Executive Director 352.795-5541 ext. 203; Theresa Flick, Director of Program Operations ext. 224; Barbara Branch, Director of Day Services ext. 244; or Ashleigh Blackwell, Director of Residential Services ext. 227.

Ending on a positive note, we hope to see many of you at our upcoming Fashion Show on Sunday, February 13, from 2-4 pm, at the Chet Cole Life Enrichment Center. Call 352.795.5541 ext. 313 or email to foundation@keytrainingcenter.org to purchase your tickets.

Sincerely,

Melissa Walker
Executive Director

Corporate Officers

Carolyn Zemanik
President, Board of Directors

Melissa Walker
Executive Director
(352) 795-5541 ext 203
kcenter@tampabay.rr.com

Programs and Services

Theresa Flick, Director
(352) 795-5541 ext 224
pdktc@keytrainingcenter.org

Social Services

Meschell Novak, Manager
(352) 795-5541 ext 219
ssmgr@keytrainingcenter.org

Day Services

Barbara Branch, Director
(352) 795-5541 ext 244
bbranchres@keytrainingcenter.org

Residential Services

Ashleigh Blackwell, Director
(352) 795-5541 ext 227
resdir@keytrainingcenter.org

Fiscal Management

Leo Doucette, Director
(352) 795-5541 ext 303
super@keytrainingcenter.org

Human Resources

Stephen Arena, Director
(352) 795-5541 ext 308
hrdir@keytrainingcenter.org

Key Center Foundation

Tinker Bowen, Director KCF
(352) 795-5541 ext 106
tinker@keytrainingcenter.org

Community Relations

Amanda Oestreich, Development & Community Relations Manager
(352) 795-5541 ext 313
foundation@keytrainingcenter.org or
amanda@keytrainingcenter.org

Retail Operations

KeeKee Gaskin, Manager
(352) 795-5541 ext 101
ROM@keytrainingcenter.org
Inverness (352) 726-0271
Lecanto (352) 527-0037
Crystal River (352) 564-9477
Labels / Inverness (352) 419-7591
Delivery/Pickup (352) 726-0271

Maintenance

Chris Linhart, Director Fleet & Facilities
(352) 795-5541 ext 230
clinhart@keytrainingcenter.org

WYKE Television/Radio

Dennis Miller, General Manager
(352) 527-2341 TV
dmiller@wyketv.com

5399 W. Gulf to Lake Hwy. • Lecanto, Florida 34461

Phone: (352) 795-5541 • Fax: (352) 795-1805 • TDD: 1-800-545-1833, Ext. 347

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COVID-19

Quarantine and Isolation

Updated Jan. 9, 2022



Quarantine

If you were exposed

You quarantine and stay away from others when you have been in close contact with someone who has COVID-19.



Isolate

If you are sick or test positive

You isolate when you are sick or when you have been infected with the virus, even if you don't have symptoms.

When to Stay Home

Calculating Quarantine

The date of your exposure is considered day 0. **Day 1 is the first full day after your last contact with a person who has had COVID-19.** Stay home and away from other people for at least 5 days. Learn why CDC updated guidance for the general public.

IF YOU

Were exposed to COVID-19 and are NOT up-to-date on COVID-19 vaccinations

Quarantine for at least 5 days

Stay home
Stay home and quarantine for at least 5 full days.

Wear a well-fitted mask if you must be around others in your home.

Get tested
Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19.

After quarantine

Watch for symptoms
Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

If you develop symptoms
Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

Take precautions until day 10

Wear a mask
Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Avoid travel

Avoid being around people who are at high risk

IF YOU

Were exposed to COVID-19 and are up-to-date with vaccination OR had confirmed

No quarantine

You do not need to stay home unless you develop symptoms.

Watch for symptoms

Watch for symptoms until 10 days after you last had close contact with someone with COVID-19.

Take precautions until day 10

Wear a mask
Wear a well-fitted mask for 10 full days any time you are around others

COVID-19 within the past 90 days (you tested positive using a viral test)

Get tested

Even if you don't develop symptoms, get tested at least 5 days after you last had close contact with someone with COVID-19

If you develop symptoms

Isolate immediately and get tested. Continue to stay home until you know the results. Wear a well-fitted mask around others.

inside your home or in public. Do not go to places where you are unable to wear a mask.

Avoid travel

Avoid being around people who are at high risk

Calculating Isolation

Day 0 is your first day of symptoms or a positive viral test. **Day 1 is the first full day after your symptoms developed or your test specimen was collected.** If you have COVID-19 or have symptoms, isolate for at least 5 days.

IF YOU Tested positive for COVID-19 or have symptoms, regardless of vaccination status

Stay home for at least 5 days

Stay home for 5 days and isolate from others in your home.

Wear a well-fitted mask if you must be around others in your home.

Ending isolation if you had symptoms

End isolation after 5 full days if you are fever-free for 24 hours (without the use of fever-reducing medication) and your symptoms are improving.

Ending isolation if you did NOT have symptoms

End isolation after at least 5 full days after your positive test.

If you were severely ill with COVID-19

You should isolate for at least 10 days. Consult your doctor before ending isolation.

Take precautions until day 10

Wear a mask

Wear a well-fitted mask for 10 full days any time you are around others inside your home or in public. Do not go to places where you are unable to wear a mask.

Avoid travel

Avoid being around people who are at high risk